

# Introduction

How to use the CPQCC  
**ANTENATAL CORTICOSTEROID THERAPY**  
Toolkit

**EVIDENCE-BASED GUIDELINES**  
(Left Hand Column)

**Read through the information on the left hand side of the table first.** The material on the left hand side of the table represents the most current available and authoritative Evidence-Based Guidelines of leading healthcare organizations.



**CONTROVERSIES AND COMMENTS**  
(Right Hand Column)

**Read through the information on the right hand side of the table.** This section will describe the current controversies regarding administration of antenatal corticosteroids for fetal maturation, which are currently the subjects of considerable discussion, debate and investigation. While they are not currently included in the Evidence-Based Guidelines printed in the left hand column of this document, these issues are of critical importance to the care of women at risk for preterm delivery and their infants, and may well show up in future recommendations.



**REVIEW YOUR CENTER'S DATA**

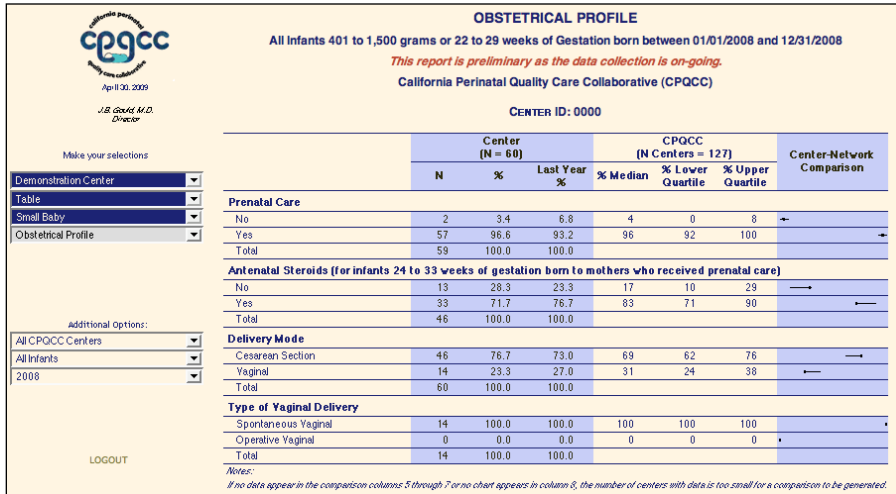
Antenatal Steroids are administered to mothers of fetuses at risk for delivering preterm (i.e., 24 to 33 completed weeks of gestation). Corticosteroids include betamethasone, dexamethasone and hydrocortisone.

Review CPQCC data report, using multiple figures, charts and graphs - for example:

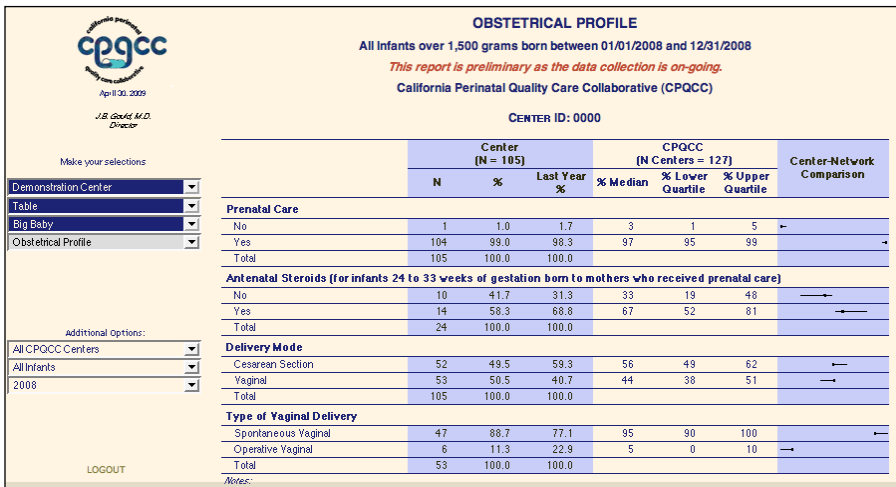
1. Small Baby data set (i.e.,  $\leq 1500$  gm)
2. Big Baby data set (i.e., selected babies  $> 1500$  gm)
3. Your unit compared to other units at same CCS-level
4. In-born infants vs. out-born infants
5. Risk adjusted ANS administration rates
6. Trend charts recording 11 years of data

Help with interpreting your CPQCC Data Web Report can be obtained by calling 650-723-4822.

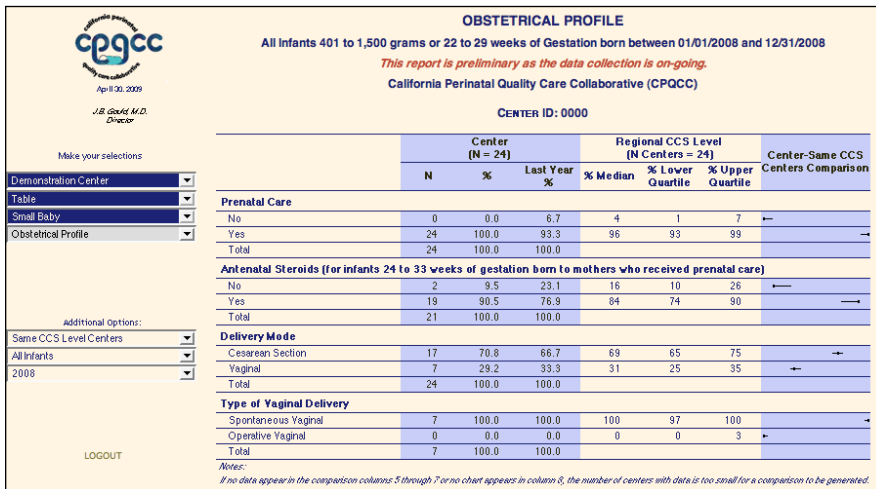
The CPQCC benchmark for ANS Administration Rates is 85%.



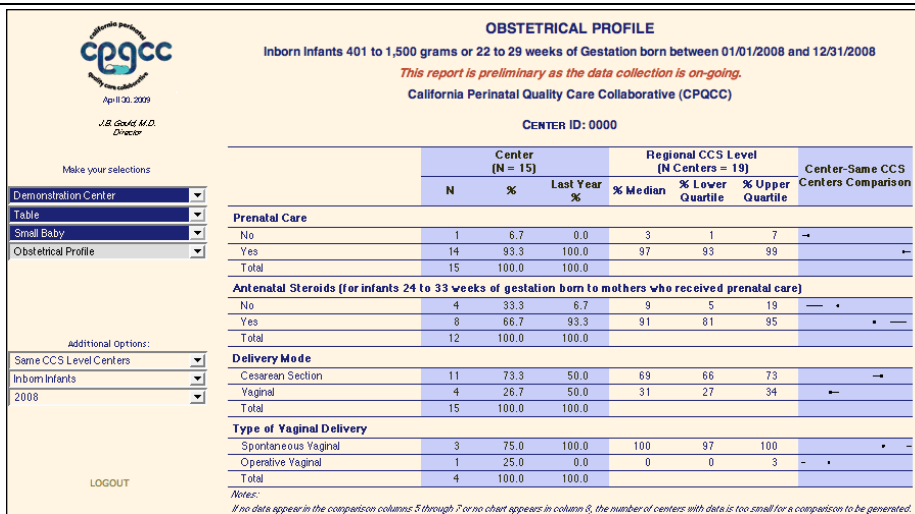
Sample: All small babies in a unit compared to all other CPQCC hospitals in 2008



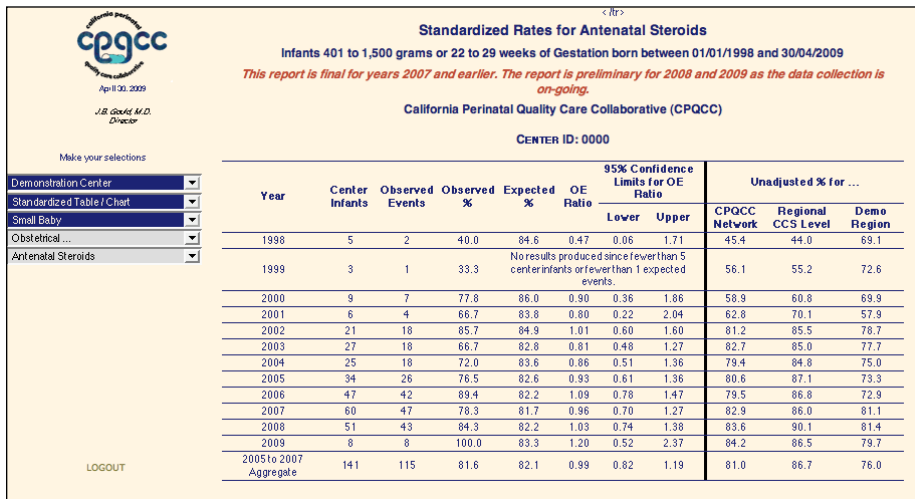
Sample: All big babies in a unit, compared to all other CPQCC hospitals in 2008



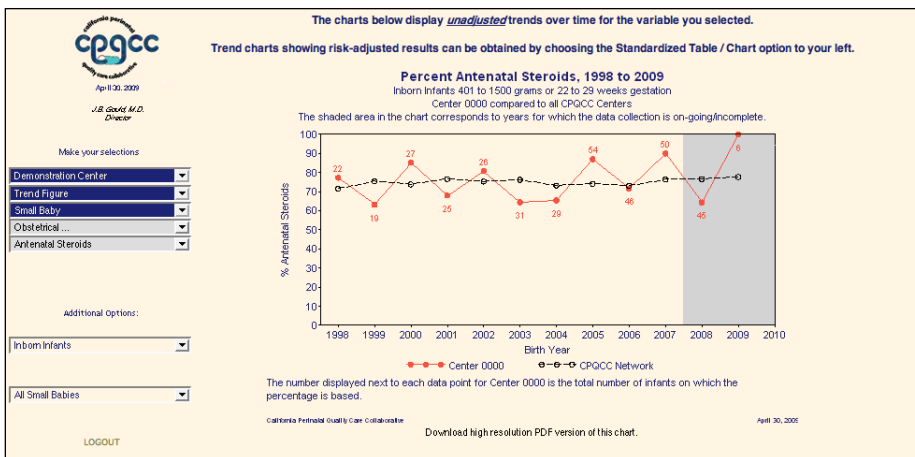
Sample: Small babies in a unit, compared to other CPQCC hospitals of the same CCS Level in 2008



Sample: In-born, small babies only, compared to other CPQCC hospitals of the same CCS Level in 2008



Sample: Risk-adjusted, standardized rates for ANS administration for small babies in a unit in 2008



Sample: Trend chart recording 11 years of ANS administration rates for a unit



### **BEGIN QI AT YOUR CENTER**

1. Identify and analyze your center's current Antenatal Corticosteroid administration rate.
2. Review L&D charts for miscommunication between the prenatal provider and the L&D staff about the mother's ANS status utilizing Problem Identification Worksheet #1.
3. Drill down those charts with miscommunication and determine those factors contributing to the event utilizing Problem Identification Worksheet #2, and identify relevant stakeholders in formulating approaches to minimizing these factors.
4. Complete a case review of ANS opportunities missed.
5. Utilize the FOCUS-PDCA Process to address the identified problems and improve your data collection/reporting processes.



### **CONTINUE THE IMPROVEMENT PROCESS**

1. Identify the process(es) to be improved.
2. Do the improvement, data collection and analysis
3. Check and study the results.