

Community Supports for NICU Families with a Non-English Language of Preference (NELP)

Hand to Hold Organization - <https://handtohold.org/nicu-family-support/hand-to-hold-en-espanol/>

- Free access to virtual support groups, virtual mental health therapy, parent mentors, and private Facebook group

Nursing Mother's Council - <https://www.nursingmothers.org>

- Free breastfeeding support by phone, text, email, or video chat

Supporting Mamas - <https://supportingmamas.org>

- Free information and support for families experience perinatal depression or anxiety in Northern California

GLO Preemies - <https://www.glopreemies.org>

- Free resources and support for low-income African American NICU families nationwide

There with Care Organization (Bay Area) - <https://bayarea.therewithcare.org>

- Provides a range of free resources to address the financial, physical and emotional stresses families with a critically ill child

Mighty Little Giants - <https://mightylittlegiants.org>

- Provides access to family support groups, food assistance and transportation support; primarily in southern California

Project Sweet Peas - <https://www.projectsweetpeas.com>

- Provides access to private Facebook support group, remembrance care packages, and financial assistance to cover meals/gas expenses

Miracle Babies (San Diego) - <https://www.miraclebabies.org>

- Provides access to parental support groups, maternal mental health support groups, transportation services, diapers, and care packages to Southern California families

Alliance for Black NICU Families - <https://blacknicufamilies.org>

- Partners with NICU-related organizations to provide African American NICU mothers with breast pumps

NEC Society - <https://necsociety.org>

- Offers educational resources to families with an infant diagnosed with NEC, including bereaved families

Ronald McDonald House Charities - <https://rmhc.org>

- Provides temporary lodging for families traveling long distances for their child's medical care (only at specific locations)

Postpartum Support International - <https://www.postpartum.net>

- Free access to virtual support groups, medical professionals, and multi-language educational resources on perinatal mood and anxiety disorders

Caiden's Hope - <https://www.caidenshope.org>

- Provides families with financial support to cover expenses related to transportation, parking, airfare, lodging and meals; Social Worker must contact on families' behalf