THE GROWTH ADVANCEMENT IN THE NICU (GAIN): TEN POINT NINE COLLABORATIVE

Frequently Asked Questions



Who is eligible to join the GAIN: Ten Point Nine Collaborative?

GAIN: Ten Point Nine is open to all California NICUs with an average daily census of \leq 10.9.

What is the target infant population?

GAIN: Ten Point Nine will focus on infants with a birth weight of greater than 1500 grams.

Why should I join the GAIN: Ten Point Nine Collaborative?

If you have an average daily census of \leq 10.9, this collaborative has been designed specifically for you! Upon launching in early 2020, the member-led Ten Point Nine Workgroup overwhelmingly voted on growth and nutrition as their most immediate quality improvement (QI) need. We have designed this collaborative to specifically address the unique circumstances of NICUs with a lower daily census with direct input from the member-led workgroup. This will be the first CPQCC collaborative to specifically focus on the larger, lower-acuity infants that constitute the majority of the caseload of smaller NICUs.

How is the collaborative structured?

The GAIN Collaborative will use the Institute for Healthcare Improvement (IHI)'s model of collaborative quality improvement in which multiple sites work together around a common goal. The collaborative will kick-off in July 2021 with a half- to full-day learning session during which the GAIN Faculty Panel will discuss the aim of the collaborative, the metrics that will be collected, the potentially better practices (PBPs) that will guide the improvement effort, and some basic principles of QI. Learning sessions will be held three times during the course of the collaborative. In between learning sessions, sites will meet with the faculty panel and each other monthly for a one-hour call to discuss progress, lessons learned, and challenges.

Who is on the GAIN Faculty Panel?

- 1. **Dietitian** Maria Heatherton, RD, CSP (UCSF Benioff Children's Hospital)
- 2. NICU Parent- Jennifer Canvasser, MSW (NEC Society)
- 3. CNS Mindy Morris, DNP, NNP-BC, CNS (Engage/Grow/Thrive, LLC)
- 4. Neonatologist & Collaborative Co-Director- Guadalupe Padilla, MD (Harbor UCLA)
- **5. CPQCC Lead and Collaborative Co-Director** Anjali Chowfla, MPA (CPQCC)

Who should be on my site's QI team?

To get the most out of the collaborative we ask that you establish a site QI team with at least one physician lead and at least one nursing lead. In addition, we recommend involving a **Dietitian**, someone from Physical Therapy/Occupational Therapy (PT/OT), and a parent **representative**, if possible, however these positions are not required.

What is the timeline for the collaborative?

The collaborative active phase will be 12 months in duration beginning with the kickoff meeting in July 2021. We are tentatively planning for the second learning session to be held in November 2021 and the last learning session in June 2022. Monthly calls will commence in August 2021 and will occur each month that a learning sessions is not being held. A 12-month sustainability phase will follow the collaborative active phase. Due to the ongoing COVID-19 pandemic, the GAIN Collaborative will launch as a virtual collaborative. CPQCC will consider holding one in-person collaborative meeting if the public health situation allows.

What is the cost to join the GAIN: Ten Point Nine Collaborative?

There is a cost of \$5,000 per site to join the collaborative. For sites facing financial constraints to joining the GAIN: Ten Point Nine Collaborative, CPQCC will award five \$1,000 needs-based scholarships.

How do I register for GAIN: Ten Point Nine?

Register online at: https://bit.ly/3pJAf7J. If you have any questions, contact Anjali Chowfla at anjali@cpqcc.org.

