# Naming the Problem That Underpins "Rule-out Sepsis" 

## The Need for Bayesian Thinking

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## Many providers appear to consider "Rule-out Sepsis" as a simple categorical matter

- Yes, infection/No - end of investigation.
- If the culture does not grow a pathogen, providers may consider some array of clinical signs and study results nonetheless to indicate "Yes" ("Culture-negative sepsis") with little consideration of alternative explanations.
- We generally don't accept such an approach to diagnostic reasoning for other pathological entities.
- It is crucial to objectively - and when possible, quantitatively - evaluate alternative possible explanations for a particular array of clinical signs and study results.
- Today, we will examine what we mean by evaluating possible explanations objectively and quantitatively.


## Differential diagnosis underpins reliably accurate diagnostic assignment

- Providers may feel that once they decide to initiate antibiotics for a symptomatic baby, they and the baby are "covered."
- Such confidence may be warranted only when bacterial infection is objectively the most likely explanation.
- Absent confirmatory culture results, providers may not actually determine "the most likely explanation" from systematic consideration of alternative explanations.
- "Most likely" should amount to a comprehensive and quantitative assessment.
- Other explanations for the clinical presentation may spontaneously resolve without medical intervention, but perhaps sub-optimally.


## Clinical/Lab/Imaging Information From Previous Vignettes

- Maternal temperature 103 F shortly before delivery
- Difficulty with first oral feed
- ?Aspiration?
- Increasing respiratory distress at about 4 hours after birth
- CXR with areas of consolidation
- Blood culture negative, or organism of unclear pathological role


# For each information element just presented, what explanation comes to mind as most likely? 

How many alternatives explicitly come to mind?

## Here are just a few possibilities

Not listed in rank order (varies with the individual baby's particulars

- Thermal stress
- Environmental
- Maternal temp - either low, or elevated - effect on neonatal metabolic rate vs nutritional supply
- Retained fetal lung fluid
- Delayed perinatal transition
- Circulatory
- Unequal distribution of ventilation
- Hypoglycemia
- Aspiration
- Bacterial infection
- Viral infection

Physiology of Thermoregulation


## Here are just a few possibilities

Not listed in rank order, as this varies with the individual baby's particulars

- Thermal stress
- Environmental
- Maternal temp - either low, or elevated - effect on neonatal metabolic rate vs nutritional supply
- Retained fetal lung fluid
- Delayed perinatal transition
- Circulatory
- Hypoglycemia
- Aspiration
- Bacterial infection
- Viral infection

If Aspiration, or Pneumonia, what evidence is there these can resolve clinically and radiographically in 2-3 days?

Chemical pneumonia (especially meconium aspiration) typically lasts for weeks. The inflammatory process of bacterial or viral pneumonia plausibly does too (remains radiographically evident), but these questions have not been rigorously studied.

## Too often, we only see what we look for



It's hard to see the ballerina in this picture if you're used to only looking for flamingos.

## AVERY'S DISEASES OF THE NEWBORN <br> EIGHTH EDITION

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## Common Problems in the Newborn Nursery

An Evidence and Case-based
Guide
Gilbert I. Martin
Warren Rosenfeld Editors

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## Are We Locked Into Unrepresentative Categories for Thinking?

TABLE 1 Distribution of EOS and LOS Rates, Percentage of All Live Births Who Received a Newborn Antibiotic Exposure and Sepsis Diagnostic Efficiency

|  | Hospital-Level Mean (SD) | 10th Percentile | 25th Percentile | 50th Percentile | 75th Percentile | 90the Percentile | Lowest | Highest | Statewide |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of births exposed to antibiotics | 8.53 (6.27) | 3.67 | 4.69 | 7.35 | 9.55 | 14.14 | 1.59 | 42.54 | 8.43 |
| Diagnostic efficiency, EOS + LOS | 66.35 (91.70) | 16.54 | 26.06 | 41.25 | 69.50 | 122.00 | 7.25 | 781.00 | 34.26 |
| EOS Rate (cases per 1000 live births) Diagnostic efficiency | 0.72 (0.69) $95.08(71.14)$ | 0 33.44 | 0 46.87 | 0.53 69.52 | 1.17 122.84 | 1.70 178.54 | 0 11.45 | 2.89 335.75 | 0.75 88.82 |
| LOS <br> Rate (\% of admissions with high illness acuity) Diagnostic efficiency | 3.18 (3.10) 19.60 (24.02) | 0 3.88 | 0 7.09 | 2.99 12.18 | 4.69 22.36 | 7.25 36.96 | 0 2.02 | 18.75 164.01 | 3.67 10.35 |

Few of us are guided by an objective evidence base derived from our own experience.

Schulman J, Benitz WE, Profit J, et al. Newborn Antibiotic Exposures and Association With Proven Bloodstream Infection. Pediatrics. 2019;144(5):e20191105

## Basics of Medical Bayesian Logic

## One can't interpret a test result without considering pre-test probability.

- Most tests are imperfect; they do nothing more than adjust probability - which may or may not "rule in" or "rule out" the disease.
- Depends on the situation: risk of not treating when you should have; risk of treating when you shouldn't have.
How often do we actually consider an explicit pretest probability estimate at the bedside?
- We tend to charge ahead ordering tests without explicitly considering what the new information may be reasonably expected to contribute.


## Likelihood Ratio

- LR tells you how likely it is a patient has a disease or condition.
- The higher the ratio, the more likely a patient has the disease or condition.
- A low ratio means that they very likely do not.

Likelihood Ratio $=$ probability a person with the condition has a certain test result
probability a person without the condition has a certain test result

- Positive LR: Tells you how much to increase the probability of having a disease, given a positive test result.
- Negative LR: This tells you how much to decrease the probability of having a disease, given a negative test result.

T+ Adjusts probability upward LR(+) a number > 1


T- adjusts probability downward LR( - ) a fraction < 1

Fig 1 Nomogram (adapted from www.CEBM.net with permission) to convert pre-test probability to post-test probability using the likelihood ratio. The line refers to a text example

## Test Results Are Useful In Relation to Conceptual Thresholds for Action

- Test-treatment, or treatment threshold
- $P$ above which $d x$ sufficiently likely to warrant treatment
- Pre-test P > treatment threshold
- Confirmatory test to increase $\mathrm{P}(\mathrm{D})$ does not contribute.
- No test-test, or test threshold
- $P$ below which dx warrants no further consideration
- Pre-test P < test threshold
- Exclusionary test to further decrease P(D) does not contribute.

| No treatment | Test | Treat |
| :--- | :--- | :--- |
| $\mathbf{0}$ | $\mathbf{T t}$ | $\mathbf{P}$ |

Test may be diagnostically useful when pre-test $P(D+)$ high enough to test for, not high enough to treat, and if the test can move the $P(D+)$ across either threshold

Did you notice, this is the conceptual approach behind the Kaiser sepsis calculator?

| Clinical finding | Likelihood ratio |
| :---: | :---: |
| Common signs |  |
| Pallor | 14.4 |
| Poor feeding | 8.7 |
| Tachycardia/arrhythmia | 5.6 |
| Decreased peripheral perfusion | 5.4 |
| Unstable blood pressure | 4.0 |
| Abdominal distention | 3.5 |
| Apnea | 3.1 |
| Lethargy | 2.3 |
| Hyperbilirubinemia | 2.0 |
| Retractions | 1.7 |
| Grunting | 1.6 |
| Abnormal tone | 1.6 |
| Tachypnea | 1.3 |
| Cyanosis | 0.3 |
| Temperature instability | 0.7 |
| Uncommon signs |  |
| Purpura | 47.0 |
| Omphalitis | 32.5 |
| Vasomotor instability | 8.1 |
| Bleeding | 6.5 |
| Pustules | 6.1 |
| Bulging fontanel | 5.4 |
| Splenomegaly | 4.1 |
| Rash | 4.0 |
| Diarrhea | 3.6 |
| Seizures | 2.3 |


| No treatment | Test | Treat |
| :--- | :--- | :--- |
| $\mathbf{0}$ | Tt | $\mathbf{P}$ |

- The error in post-test $P$ attributable to a physician's estimate of pre-test P might be more important than the error involved in many medical tests
- Error or bias in $P$ estimates could mean many hypotheses cross the test or test-treat threshold, demanding more tests be performed and more patients be treated, some unnecessarily.
- Some say it is unnatural for people to give numerical estimations, and that using verbal estimations (such as 'pretty sure' or 'unlikely'), may yield more reliable answers


## (BMJ 2006;333:445)

If something always happened, what percentage frequency would you assign to that event? Presumably $100 \%$. And if something never happened? Presumably 0\%. Well, not everyone shares that opinion... The table shows combined results of seven studies of what people mean (Drug Safety 2005;28:851-70)...
For comparison, ...definitions from the Oxford English Dictionary. Look, for example, at "occasionally," "infrequently," and "seldom"... according to the dictionary they all mean roughly the same thing. ...perhaps when we use words like this we should remember what the German conductor Hans Richter supposedly once said: "Up with your damned nonsense will I put twice, or perhaps once, but sometimes always, by God, never."

| Interpretations of words used to indicate frequencies |
| :--- | :---: | :--- |
| Interpretation (range |
| of mean percentages) | Definition in the Oxford English Dictionary $\quad$| Word | $91-100$ | At every time, on every occasion, at all times, on all occasions. Opposed to sometimes, occasionally |
| :--- | :---: | :--- |
| Invariably/always | $85-94$ | - |
| Almost always | $71-81$ | Under normal or ordinary conditions; as a rule, ordinarily |
| Normally | $70-84$ | In a usual or wonted manner; according to customary, established, or frequent usage; commonly, customarily, ordinarily; as a rule |
| Usually | 64 | - |
| More often than not | $56-69$ | As a usual circumstance; as a general thing; in ordinary cases; usually, ordinarily, generally |
| Common(ly) | $42-71$ | Many times; at many times; on numerous occasions; frequently; for a significant amount or proportion of the time |
| Often | $36-72$ | At frequent or short intervals, often, repeatedly |
| Frequent(ly) | $24-35$ | Rather frequently |
| Not infrequently | $17-21$ | Now and then, at times, sometimes; irregularly and infrequently |
| Occasionally | 12 | As need or opportunity arises; now and then, occasionally |
| On occasion | $12-14$ | Not frequently; somewhat rarely, seldom |
| Infrequently | $11-33$ | On some occasions; at times; now and then |
| Sometimes | $7-8$ | On few occasions, in few cases or instances, not often; rarely, infrequently |
| Seldom | 2 | Scarcely ever |
| Almost never | $0.8-3$ | - |
| Very rare(ly) | $0.5-9$ | Seldom, infrequently, in few instances |
| Rare(ly) | $0.4-1$ | Uncommonly, unusually |
| Exceptionally | $0-2$ | At no time or moment; on no occasion; not ever |
| Never |  |  |


|  | BMJ | 6 W |
| :--- | ---: | ---: |
| Invariably/always | $91-100$ | $98-100$ |
| Almost always | $85-94$ | $75-99$ |
| Normally | $71-81$ | $50->90$ |
| Usually | $70-84$ | $50-90$ |
| More often than not | 64 | $25-100$ |
| Common(ly) | $56-69$ | $10-80$ |
| Often | $42-71$ | $50-80$ |
| Frequent(ly) | $36-72$ | $50-80$ |
| Not infrequently | $24-35$ | $33-85$ |
| Occasionally | $17-21$ | $10-40$ |
| On occasion | 12 | $10-30$ |
| Infrequently | $12-14$ | $5-20$ |
| Sometimes | $11-33$ | $4-40$ |
| Seldom | $7-8$ | $<2-20$ |
| Almost never | 2 | $1-10$ |
| Very rare(ly) | $.8-3$ | $.5-20$ |
| Rare(ly) | $.5-9$ | $.1-20$ |
| Exceptionally | $.4-1$ | $.01-10$ |
| Never | $0-2$ | 0 |

# Neonatal MRI to Predict Neurodevelopmental Outcomes in Preterm Infants 

Woodward, Anderson, Austin, Howard, and Inder<br>N Engl J Med 2006;355:685-94

## Methods

We studied 167 very preterm infants (gestational age at birth, 30 weeks or less) to assess the associations between qualitatively defined white-matter and graymatter abnormalities on MRI at term equivalent (gestational age of 40 weeks) and the risks of severe cognitive delay, severe psychomotor delay, cerebral palsy, and neurosensory (hearing or visual) impairment at 2 years of age (corrected for prematurity)...

## Conclusions

Abnormal findings on MRI at term equivalent in very preterm infants strongly predict adverse neurodevelopmental outcomes at two years of age. These findings suggest a role for MRI at term equivalent in risk stratification for these infants.

## Conclusions

Abnormal findings on MRI at term equivalent in very preterm infants strongly predict adverse neurodevelopmental outcomes at two years of age...

What do they mean by "strongly"? "Almost always"; "often"; "sometimes"? Does it depend on whether you're speaking to someone at your own NICU or in Boston?
-Using incidence data provided in the article for
i. severe cognitive delay
ii. severe motor delay
iii. CP
iv. neurosensory impariment
and based on the test characteristics in the following Table, how much does the posttest probability of certain outcomes change?

| Outcome | Moderate-to-Severe WhiteMatter Abnormalities ( $\mathrm{N}=35$ ) |  | Any White-Matter Abnormalities$(\mathrm{N}=120)$ |  | Abnormalities on Cranial Ultrasonography $\dagger$$(\mathrm{N}=13)$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Sensitivity | Specificity | Sensitivity per | Specificity | Sensitivity | Specificity |
| Severe cognitive delay |  |  |  |  |  |  |
| Value | 41 | 84 | 89 | 31 | 15 | 95 |
| 95\% CI | 23-61 | 76-89 | 70-97 | 23-39 | 4-35 | 89-98 |
| Severe motor delay |  |  |  |  |  |  |
| Value | 65 | 85 | 88 | 30 | 18 | 95 |
| 95\% CI | 39-85 | 78-90 | 62-98 | 22-38 | 5-44 | 89-97 |
| Cerebral palsy |  |  |  |  |  |  |
| Value | 65 | 84 | 94 | 31 | 18 | 95 |
| 95\% CI | 39-85 | 76-89 | 69-100 | 24-39 | 5-44 | 89-97 |
| Neurosensory impairment |  |  |  |  |  |  |
| Value | 82 | 82 | 89 | 30 | 16 | 95 |
| 95\% CI | 48-97 | 75-88 | 65-98 | 23-38 | 4-40 | 89-97 |
| Any neurodevelopmental impairment |  |  |  |  |  |  |
| Value | 38 | 89 | 84 | 34 | 11 | 95 |
| 95\% CI | 25-51 | 80-94 | 71-92 | 25-44 | 4-23 | 89-98 |

* Cl denotes confidence interval.
$\dagger$ Abnormalities on cranial ultrasonography were defined as grade III or IV intraventricular hemorrhage or periventricular leukomalacia.
Neonatal MRI to Predict Neurodevelopmental Outcomes in Preterm Infants
Lianne J. Woodward, Ph.D., Peter J. Anderson, Ph.D., Nicola C. Austin, M.D., et al NEJM 2006;355:685-94


## Likelihood Ratios

|  | Moderate to Severe <br> White Matter Abn |  | Any Abnormality |  | Abnormality on <br> Cranial Ultrasound |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | LR + | LR - | LR + | LR - | LR + | LR - |
| Severe <br> Cognitive Delay | 2.56 | 0.70 | 1.29 | 0.36 | 3 | 0.89 |
| Severe Motor <br> Delay | 4.33 | 0.412 | 1.26 | 0.4 | 3.6 | 0.863 |
| Cerebral Palsy | 4.06 | 0.417 | 1.36 | 0.19 | 3.6 | 0.86 |
| Neurosensory <br> Impairment | 4.56 | 0.22 | 1.27 | 0.37 | 3.2 | 0.88 |
| Any <br> Neurodevelop <br> Impairment | 3.45 | 0.7 | 1.27 | 0.47 | 2.2 | 0.94 |

Remember,
Positive LR: Tells you how much to increase the probability of having a disease, given a positive test result.
Negative LR: This tells you how much to decrease the probability of having a disease, given a negative test result.


## Let's Name The Problem

- Too often, we appear to be locked into unrepresentative categories for thinking.
- Most of the babies we treat with antibiotics represent indistinct diagnostic categories, for which our evidence base is insufficient to objectively assign probability of disease.
- We often devote insufficient effort exploring differential diagnoses because the underlying pathophysiology resolves spontaneously - so, "it doesn't seem to matter" that diagnosis is less than definitive.
- If we rule-out sepsis, we should rule-in the condition that explains the baby's problem.


## Let's Name The Problem

- Our EMRs must help us compute the unintuitive, quantitative aspects of our decision making for possible bacterial infection and related differential diagnoses.
- We must move beyond vague, undefined thresholds for action when "ruling out sepsis."
- At what estimated probability value that a patient has a bacterial infection do we test, do we treat?

| No treatment | Test | Treat |  |
| :--- | :--- | :--- | :--- |
| $\mathbf{0}$ | Tt | $\mathbf{P}$ | $\mathbf{T t r x}$ |

