Brief explanation on the importance of washing hands, the role of various NICU staff, and the parent’s role in baby’s care

INTRODUCTION TO THE NICU

“Bienvenidos a la Unidad de cuidados intensivos neonatales..”

Quick overview about the benefits of breastfeeding, how to correctly breastfeed, and the important indications of a well fed baby

FEEDING & LACTATION

“Lactancia materna”

Information about the necessary nutritional needs of premature babies and the importance of utilizing human milk fortifiers to increase calorie intake

“Nutrición de bebés prematuros: necesidades nutricionales y fortificación”

Focuses on the benefits of breastfeeding, the frequency of pumping, and ways to increase mother’s milk production

“Nutrición de bebés prematuros: El aumento de la producción de leche”

Explains kangaroo care, the importance of partaking in kangaroo care, and encourages mother to do it often

SKIN-TO-SKIN

“Care for baby: Spanish - Boston Medical Center”

Explains the importance of skin to skin

“Una técnica sencilla para disminuir la mortalidad infantil: Kangaroo mother care”

CPQCC has compiled a library of videos in Spanish to help NICU families with a Spanish language of preference in their NICU journey. Use the QR code to view the playlist and find a description of videos provided below.
EQUIPMENT COMMONLY USED IN THE NICU

“UCIN Cuartos y Equipos”
Briefly explains what an incubator is and the possibly alarms that may go off

“Que es una incubadora y para que sirve?”
What is an incubator and what’s its purpose

“Incubadora vs cunas de calor radiante”
Explains the purpose of an incubator and radiant warmer as well as the different types of incubators

“Fototerapia en bebés”
Explains why bili lights are used and the importance of phototherapy for babies with jaundice

“VPP o Ventilacion con Presion Positiva”
Focuses on providing an overview of PPV and why it is utilized

“Sondas de gastronomía”
Answers the following questions: Why is a G-tube used? How do you take care of a G-tube and the skin surrounding it? How do you feed through a G-tube?

SCAN TO VIEW VIDEO PLAYLIST