

MOMS IN THE NICU



You are invited to participate in a joint quality improvement project between the divisions of Neonatology and Maternal-Fetal Medicine at Stanford Children's Health.

We seek to help mothers of preterm infants to care for their own health now and during future pregnancies by creating a personalized record of the pregnancy and delivery and using this information to establish a health plan for moms. We will also call you after your baby is discharged to home to support your progress.

Your participation in this project will take approximately **1 hour**. You will receive a copy of your birth story and health plan to take home with you.

Please let your care team know if you are interested in participating.